

Shri Dadasaheb Gawai Charitable Trust's Amravati

TAKSHASHILA MAHAVIDYALAYA, AMRAVAT

Hearty Welcome
to the
NAAC PEER TEAM MEMBERS
BY
Department of Physical
Education & Sports

#### **Vision**

- ➤ To encourage students to participate in competitive sports.
- ► To inculcate life skill through participation in sports.
- ► To develop sportsman spirit among students.
- ► To enhance psychological well-being through sports.
- ► To Coordinate sports activities with educational curriculum.

#### **Mission**

- To develop aptitude towards participation competitive sports.
- To prepare athletes through psychological techniques for competitive sports.
- To assess physical fitness of the students and chalk out training plan accordingly.
- ► To educate students about the overall benefits of participation in sports.

### **Objectives**

- ➤ To develop motor abilities like strength, speed, endurance, coordination, flexibility, agility and balance as they are important aspects for good performance in different games and sports.
- To allow for the development of physical growth, personality characteristics and emotional stability through participation in sports.
- ▶ To develop awareness toward health, hygiene and environment awareness through physical education.
- ➤ To allow for the development of social skills through participation in sports.
- To allow for the development of leadership skills through participation in sports.

### Faculty ProFile

| Name                    | Qualification                | Designation                            | Specialization | No. Of Years<br>of<br>Experience |
|-------------------------|------------------------------|--|----------------|----------------------------------|
| Dr.Sanjay<br>S.Deshmukh | M.Com,<br>M. P. Ed,<br>Ph.D. | Director of physical education &sports | Volleyball     | 30Year                           |

- •Life Time Member of Physical Education Teacher Organization, SGBAU Amravati.
- •SGBAU, Amravati. Amt Softball Committee Member in (Women and Men).
- Senate Member SGBAU, Amravati.

### Faculty ProFile

| Name                    | Qualification                                   | Designation   | Specialization       | No. Of<br>Years of<br>Experience |
|-------------------------|---|---|----------------------|----------------------------------|
| Dr.Pravin<br>N.wankhade | M.A.His, NET-SET M.A. Mar.,B.Ed. B.P. Ed, Ph.D. | Asst.Prof. In charge of physical education & sports | Volleyball & Kabaddi | 08Year                           |

•After the retirement of Dr. Sanjay V. Deshmukh I have a In charge of Physical education & Sports Department Month of September.

#### Programm Outcomes & Course outcomes

#### PO

- Developing skills in net surfing.
- Understanding the importance of a healthy lifestyle.
- Improving knowledge of game rules and strategies.
- Demonstrating responsible behavior during physical activities.
- Interdisciplinary knowledge will accelerate their thinking and analyzing abilities of the students.
- Understand the issues of environmental contexts and sustainable development.
- ► Self-directed and life long Learning Acquire the ability to engage in independent and life-long learning in the broadest context socio-technological changes.

#### Course Outcomes

- Learning how to maintain playing equipment.
- Understanding the meaning of biomechanics.
- ► Learning the basic rules and regulations of different games and sports.
- To develop modern concept of physical education.
- ➤ To gain the knowledge about pre-independence & postindependence of physical education in India.
- To develops the psychological factors of influence motor learning.
- To develop modern concept of fitness.
- ► To improves healthy life style & living status.
- ▶ To gain the knowledge about personal hygiene.

### **Details of Indoor and Outdoor Sports Facilities**

| Indoor Games                                      | Outd00r Games    |
|---|------------------|
| > Chess   | Volleyball Court |
| > Yoga  | > Kabaddi        |
| > Carrom  | > Badminton      |
| ➤ Gymnasium                                       | Basketball Court |
| <ul><li>➤ Badminton</li><li>➤ Taekwondo</li></ul> | > Mallakhamb     |
|   |                  |

## Participation of College Students in State and Inter-Collegiate Sports

Mallakhamb

| Sr.No | Sports Name             |    |
|-------|-------------------------|----|
| 1)    | Kabaddi (Men, Women)    |    |
| 2)    | Volleyball (Men, Women) |    |
| 3)    | Taekwondo               |    |
| 4)    | Cricket (Men, Women)    |    |
| 5)    | Badminton               |    |
| 6)    | Ball-badminton          |    |
| 7)    | Boxing                  |    |
| 8)    | Softball (women & Boys) |    |
| 9)    | Athletics               |    |
| 10)   | Fencing                 |    |
| 11)   | Wrestling               |    |
| 12)   | Baseball (Women & Boys) |    |
|       |                         | 10 |

### Incentives to Sports Persons

For the excellent performance, the motivation to the students is very much essential. so, college gives several kinds of facilities as mentioned below:

- Playing kits and equipment's.
- Department provides first aid facilities to the college students as well as to the players.
- Incentives marks also awarded by the university to the players representing sports and games of the university tournaments.
- Free ground, equipment's, coaching, guidance, refreshment facilities are also provided by the college time to time.
- The students are engaged in activities; they are given additional chances for internal assessment if they miss it on account of participation in college and university sports and games activities.

### College Team at University Level



Inter Collegiate Volleyball Tournament SGB Amravati University

#### College volleyball Team at University Level



### College Kabaddi Team At University level



### ParticiPation inter-Collegiate tournaments

**Inter-Collegiate Athletics** 



#### Inter-Collegiate Softball team(Women)



SGBAU Level Baseball Boys Team



#### Achievements University colour Coat students Softball, Baseball & Taikandow Player



### Our Achievements University Games

Ku.saloni Bhalerao Inter University Team Participation in Baseball Saurabh Gayakawad Baseball color Coat Holder









### **University Level cricket Team**





### **Gym**







### **Indoor stadium**



## Yoga Day 21st June





# Representation of S.G.B. Amravati University Team in All India University level and University Colour Holders



Students





Ku.Shraddha
Shingade
(Taekwondo)

Ku.Saloni bhalerao (Baseball)

Suarabh Gayakwad

### Department Program

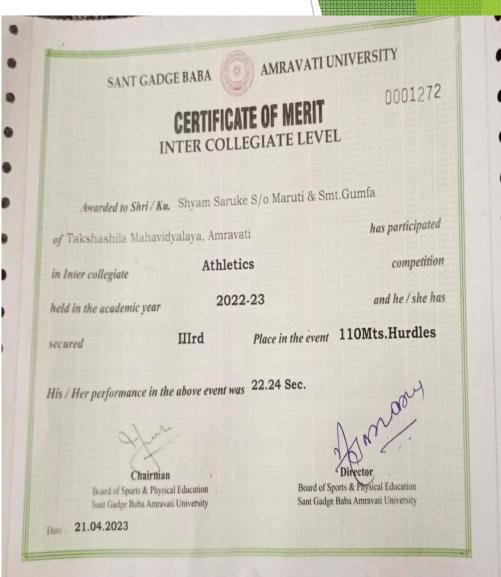
Yoga Day Celebration



#### **Athletics**

Shyam Maruti Sarukle 110 mts. Hurdles.





### Yoga & Meditation

1)Yoga and Meditation

2)Self Defense(Karate)

Physical Protection

Self Defense (Karate)

Boost Confidence

Flexibility

stress manag ement

Mindful ness

Yoga and Meditati on

Weight Loss and Quality Sleep.

Mental

Health

27

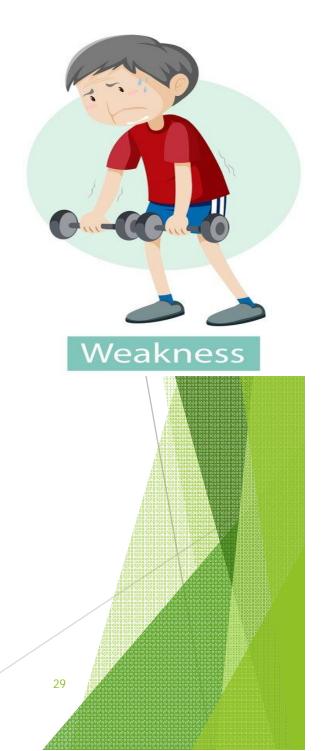
### **SWOC** Analysis of the Department

#### Strength:

- Motivation for the rural background players by providing play grounds of different games and sports, equipment's and game kits etc. For the promotion of participation in university sports and games and various tournaments.
- Well assembled gymnasium and yoga and meditation hall
- Provision of Incentive marks keep the players motivated
- ► Availability of sports training facilities

#### Weakness:

1) Lack of interest towards competitive sports.



#### **Opportunities:**

1.Engage events with collaborative agencies



#### **Challenges:**

- 1.To increase participation at university level and National Level
- 2.To create awareness about sports among students
- 3. To introduce sports as a career opportunity



#### Future Plan

- Department intends to host various Inter Collagist Tournament.
- ► To develop better sports amnesties.
- To create physical awareness in society through various camps
- ▶ To Increases Students Sports Participation
- Maximum Student Participation in Annual Sports Day.
- ► To Develop High Quality Sports Infrastructure.

