# Takshashila Mahavidyalaya, Amravati Department of Home-Economics Faculty Bio-Data

1. Name: Prof. Sangita G. Meshram

2. Department: Home-Economics

3. Designation : Lecturer

4. Qualification: M.A.(Home-Economics,

**History, Economics**)

**B.ed, SET, (Ph.d Appeared)** 

5. Date of Appointment: August 2014

6. Telephone No.: 8668597484

7. Email: sangitameshram233@gmail.com

8. Publications: 06 International & 03 National Paper Published,

03 Conference Attended,



# **Departmental Profile**

1. Name of the Department : Home Economics

2. Year Of Establishment :- 2005

3. Name of Program / Courses offered; - UG

4. Semester / Choice Based Credit System

**5.** Participation of the department in the courses offered by other department-Yes

#### 6. Details of the Staff Members:-

Sr.No.	Name of the	Educational Qualification	Designation	Experience	Specialization
	faculty member				
01		M.A.HomeEconomics,			Food
	Prof.Sangita	History, Economics	Lecturer	15 Years	Science
	Gangaram	B.ed, SET, Ph.d			& Nutrition
	Meshram	(Appeared)			

# 7. Faculty members participated in National and International Conferences / Workshops, seminars etc.

Sr. No.	Name of the Conf. /Seminar /Workshop etc.	Name of Paper	Place and Name of the Sponsoring Agency, Date	Name of Journal
1		"मुलांच्या शैक्षणिक विकासात अंगणवाडीची भूमिका"	A Multidisciplinary International level Refereed Journal ,Jalgaon July -2022 ISSN: 2230-9578	Journal of Research and Development
2		"पुर्वबाल्यावस्थेतील मुलांच्या विकासात	A Multidisciplinary	Journal of Research

3		अंगणवाडीचे योगदान"  "बालकांच्या सुदृढ  आरोग्याकरिता  लसीकरणाची भूमिका"	International level Refereed Journal ,Jalgaon July -2022 ISSN: 2230-9578 A Multidisciplinary International level Refereed Journal ,Jalgaon August- 2022	and Development  Journal of Research and Development
5	One Day International	"स्त्रिभृण हत्येला प्रतिबंध करण्याकरिता राबविण्यात येणाऱ्या शासकीय योजनांचे अध्ययन"	ISSN: 2230-9578  Double Blind peer reviewed 3 <sup>rd</sup> Sept- 2022 ISSN: 2347-7075  S.K. Patil Sindhudurg	International Journal of Advance and Applied Research  International Journal of
	Multidisciplinary Conference	धोरणात अंगणवाडीला महत्वपूर्ण स्थान" Page No.245-246	Mahavidyalaya, Malvan Dist. Sindhudurg, Maharashtra India, On 29 <sup>th</sup> October,2023	Advance and Applied Research
6	One Day Online National Multidisciplinary Conference	"राष्ट्रीय शैक्षणिक धोरण -2020 अंतर्गत अंगणवाडी करिता उपलब्ध तरतुदीचे अध्ययन" page No.97-99	Smt.Kesharbai Lahoti Mahavidyalaya Amravati, On November,2023	B.Adhar ISSN : 2278- 9308
7	One Day Professional Development		Babasaheb Ambedkar Mahavidyalaya&T	"Innovation & IncibationNeed, Utility&Scope"

	Program	akshashila	On 8 <sup>th</sup> October,
		Mahavidyalaya	
		Amravati,	
		Ramkrushna	
		Mahavidyalaya	
		Darapur.	
8	One Day Online	Balbhim	
	National Seminar	Arts,Science &	'Gender
		Commerce	Equality in
		College,Beed	Education"
		Maharashtra	(GEE-2022)
			On 31 <sup>th</sup>
			January,2022
9	One Day	Babasaheb	"Emerging
	National Online	Ambedkar	Trends in
	Workshop	Mahavidyalaya&T	Research
	r	akshashila	Methodology"
		Mahavidyalaya	Department of
		Amravati,	Social Science
		Ramkrushna	on $19^{th}$
		Mahavidyalaya	May,2022
		Darapur.	14141,2022
10	One Day	Intellectual	"NATIONAL
	National Online	Property Office	INTELLECTU
	Workshop	and MoE's	L PROPERTY
	, v sinsing p	Innovation Cell,	AWARENESS
		India	MISSION"
		Thora	On 14 <sup>th</sup>
			February,2023
11	One Day	Intellectual	NATIONAL
	National Online	Property Office,	INTELLECTU
	Workshop	India	L PROPERTY
	,, ormonop	India	AWARENESS
			MISSION
			On 29 <sup>th</sup>
			March, 2023
12		HI LEARN	2,141,2020
	One Week	EDUTECH	
	National Online	INSTITUTE	
	Workshop	Bijapur Karnataka	
L	44 OLKSHOP	Dijapui Kainataka	

		4 <sup>th</sup> May to 10 <sup>th</sup> May 2023	
13	One Day National Online Workshop	HI LEARN EDUTECH INSTITUTE Bijapur Karnataka 27 <sup>th</sup> July-2023	

# **Department of Home Economics**

#### **B.A-II (CBCS)**

https://sgbau.ac.in/Syllabus-Curriculum(CBCS)2022-23/HOME-ECONOMICS%20B.A.%20Sem%20I%20&%20II.pdf

### **B.A-II (CBCS)**

https://sgbau.ac.in/Syllabus-Curriculum(CBCS)2022-23/Home%20Economics%20%20BA%20-%20CBCS%20-Semester-III%20\_%20IV-Syllabus.pdf

# **B.A-III (CBCS)**

https://sgbau.ac.in/Syllabus-Curriculum(CBCS)2022-23/B.A.%20(Home%20Economics)%20-%20(DSE)%20-%20(CBCS)-%20(Scheme%20)%20-%20Sem.%20V%20&%20V

https://sgbau.ac.in/Syllabus-Curriculum(CBCS)2022-23/B.A.%20(Home%20Economics)%20-%20(CBCS)-%20(Scheme%20)%20-%20Sem.%20V%20&%20VI.pdf

# Department of Home Economics B.A-I 2023-2024

#### COs:-

- Recognize the basic concepts home economics.
- Design a plan of home-work using management process.
- Classify the resources and decisions and use it effectively.
- Enhance the chances of reaching the desired goals through wise decisions and effective use of resources.
- Apply the course knowledge in day-to-day life.
- Formulate a plan of activities/programs managing and saving resources.
- Evaluate the planned activities and will be able to build better plan in coming program.
- Classify the decisions to its hierarchy for achieving a goal in future.
- Make family budget with list of items.
- Make greeting cards and sample design using colour schemes
- Quote and Name to each flower arrangement

#### POs:-

- Describe the home management process and apply it in practice for planning and executing inside and outside the home.
- Play model role as a home maker, home manager, home Scientist, counselor as well as play a different role in different kinds.
- Build Confidence to create her own business and adjust in it better way.
- Derive certain changes in behavior and attitudes that require for effective communication and as a Entrepreneur.

# **Department of Home Economics**

#### **B.A-II**

#### 2023-2024

#### CO:-

- Understand the Basic Concept of Nutrition.
- Gain the knowledge of Food, Food Functions and Nutritive Value of Foods.
- Developed abilities to plan Diets for various stages.
- Inspired the Entrepreneurial Skill.
- Knew the importance of vitamins and minerals.
- Gain the knowledge healthy life.

#### PO:-

- Understand the Basic Concepts related to Nutrition.
- Development abilities to plan diets for various diseases.
- Increased the methods of Food Preparation and Food Preservation.
- Encourage the students for self employment.
- Awared the work of different agencies in the area of health.

#### **Department of Home Economics**

#### **B.A-III**

#### 2023-2024

#### CO:-

- Introduced the Concept of Human Development
- Know the Factors affecting on Human Development
- Study the child development
- Importance of Human Development

#### PO:-

- Aware the Role of Heredity & Environment in Development
- State the Role of Parent & Teacher in Child Development.
- Introduced the Problems of Child.
- Inspired the Students for Skill Based Activity
- Knew the Factors Affecting on Personality Development.
- Inform the Physical & Emotional Changes in Adolescence.

# 8. Student Result:

Year	Program	Student		Result	
2018-2019	B.A-I(Sem-I,II)	35	34	82.86%	91.17%
	B.A-II(Sem-III,IV)	33	28	84.84%	92.85%
	B.A-III(Sem-V,VI)	19	18	94.73%	94.44%
2019-2020	B.A-I(Sem-I,II)	29	29	41.35%	92%
	B.A-II(Sem-III,IV)	14	14	69.23%	92.37
	B.A-III(Sem-V,VI)	20	18	90%	94.44%
2020-2021	B.A-I(Sem-I,II)	26	22	100%	100%
	B.A-II(Sem-III,IV)	15	16	100%	100%
	B.A-III(SemV,VI)	13	12	100%	100%
	B.A.I(Sem-I,II)	39	33	100%	42.42%
2021-2022	B.A-II(Sem-III,IV)	22	22	100%	61.90%
	B.A-III(SemV,VI)	19	19	100%	73.68%
2022-2023	B.A.I(Sem-I,II)	41	29	82.93%	93.10%
	B.A-II(Sem-III,IV)	23	14	56.52%	92.86%
	B.A-III(SemV,VI)	17	15	82.24%	93.33%
2023-2024	B.A.I(Sem-I,II)	42	29	40.48%	69.10%
	B.A-II(Sem-III,IV)	23	21	56.52%	86.74%
	B.A-III(SemV,VI)	09	06	66.67%	83.33%

# 9. Learning resources of Department:

 Laboratory is renovated with new features. Newly published reference books are purchased for library. There are 200 to 300 books and 8 to 10 journals in the college library.

# 10. Modern Teaching Methods

Assignments, Seminars, Subject Quiz, Guest Lectures, Video,
 Visit, Study Tour, are organized.

# 11. Evaluation process :-

• Unit test, Common test, Assignments, Seminars, College Practical Exams, etc.

# 12. Participation of the department in Extension Activities:-

- Visit to 'Gruhaudyog' Sham Nagar Amravati on 10<sup>th</sup> February, 2022.
- Visit and guidance to 'Anganwadi' Sham Nagar Amravati on 12<sup>th</sup> February, 2022.
- Visit to 'Bachat Gat' Sham Nagar Amravati on 12<sup>th</sup> February, 2022.

- Visit to 'Nursing Home'Sanjivani Primary Health Centre, Sham Nagar Amravati on 7<sup>th</sup> August, 2022. (To celebrated Brest Feeding Week)
- Visit to 'Devi Point Flower Shop cum Nursery' Congress Nagar Amravati on 24<sup>th</sup> Sept, 2022.
- Visit to 'Immunization Camp' Sanjivani Primary Health Centre, Sham Nagar Amravati, On 28<sup>th</sup> Sept.2022.
- •Brest Feeding week celebrated on 7<sup>th</sup> August, 2023 in 'Anganwadi' Frezarpura Amravati .
- Visit to 'Vijay Flower Shop ' Rukhmini Nagar Amravati On 10<sup>th</sup> October, 2023
- Visit to 'Bachat Gat Stall' Science score Amravati On 19<sup>th</sup> October, 2023

### 13.Departmental Activities :-

- World Nutrition Week celebrated on 26<sup>th</sup> Sept., 2019 in Takshashila Mahavidyalaya Amravati, Guidance by Dr. Nita Giri.
- •Celebration of Makarsankrant with Alumini on 16<sup>th</sup> January 2020.
- •Brest Feeding Week celebrated on 7<sup>th</sup>August, 2021(Online)

Guidance by Dr. Anjali Pande.

- •Best out of West on 10<sup>th</sup> December,2021
- •Workshop of Paper Bag Making on 3<sup>rd</sup> January,2022 Expert by Dr.Anita Sonule.
- •Workshop of Cake Making on 20<sup>th</sup> April,2022 Expert by Prof. Mayuri Tatte.

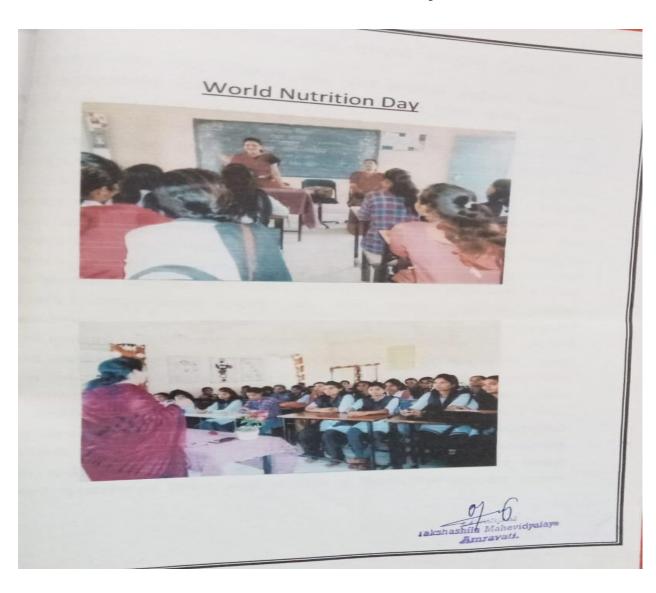
- Program Art's of hand made on 21<sup>th</sup> Sept., 2022 Expert by Miss. Shalini Mandavdhare.
- World Nutrition Week celebrated on 30<sup>th</sup> Sept., 2022 in Takshashila Mahavidyalaya Amravati , Guidance by Dr. Sanjay Borade, Dr. Kiran Sharma, Dr. Swati Kowe.
- World Nutrition Week celebrated on 25<sup>th</sup> Sept., 2023 in Takshashila Mahavidyalaya Amravati , Diet Expert by Dr. Kavita Deshamukh, Dr. Lalita Atalkar.
- •Health check up Camp on 30<sup>th</sup> December,2023 by Sanjivani Hospital Sham Nagar,Amravati.
- •Celebration of Kamal Sneh Vardhan Program on 15<sup>th</sup> January,2023.

  Guidance by Dr.Kalpana Mehare.
- •Celebration of Matoshri Ramabai Ambedkar Jayanti Program on7<sup>th</sup>Febuary,2023 Guidance by Prof. Bhagyashri Kambale.

# 14. Important alumina of the department:

- •Ku.Pranali Umesh Bagade :- Maharashtra Police
- •Ku. Vaishnavi Bhimrao Gondane :- Maharashtra Police

# Takshshila Mahavidyalaya,Amravati Department of Home-Economics B.A-III World Nutrition Day



# Takshshila Mahavidyalaya, Amravati Department of Home-Economics B.A-III

# **Visit to Nursing Home**

Name of the Nursing Home:-Sanjivani Primary Health Centre(Breast

fiding week)

**Date of Visit :-**07/08/2022

**Goal :-** 1)To give Knowledge about Nursing. 2) How to Provide facility for local citizens.

These Centre will be provide Comprehensive Health Care Covering around 70% of out patient care including noncommunicable Diseases and maternal and child health services. These centre will alsoprovide free essential drugs and diagnostic services as well as referralaccess to secondary and treatment.



# Department of Home-Economics B.A-I(2022-2023)

**Visit to Flower Shop**Name of the visit: Devi Point Flower Nursary

Date :-24/09/2022

Goal:- 1) Role of Flowers in our life. 2) To Rise skill of Self Employment.

Flowers are an important part of human life. Flowers have incredible, A florist shop is a retail establishment that sell cut flowers and ornamental plants. The floral trade involves activities such as flower care. Flower arranging, floral design, merchandising and often flower delivery. Florist shop are an ever popular industry.



# Takshshila Mahavidyalaya,Amravati Department of Home-Economics B.A-II (2022-2023) Nutrition Week

Name of program:-Nutrition Week:

(Poshan Kishorinche Sanrakshan Matanche)

Date:-30/09/2022

Place:- Takshashila Mahavidyalaya Amravati

Guide:- Dr. Sanjay Borade, Dr. Kiran Sharma, Dr. Swati kove

Goal:- 1)To rise awareness about nutrition.

2)How to important balance diet in our healty life.

National nutrition week is observed every year from September. 1 to 7 September in a bid to rise awareness about the importance of nutrition for The human body and how we can take adequate and timely measures to eradicate, hunger and malnourishment. while everybody requires nutrients.



# Takshshila Mahavidyalaya,Amravati Department of Home-Economics B.A-I(2022-2023) Art's of Hand Made

Name of Programm:-Art's of hand made

Date:-21/09/2022

Expert:-Miss.Shalini Mandavdhare

Goal:- 1)To give knowledge of hand- made skill.

2)To increase skill of self Employment.

Hand made Art's is a very important for all. Each one known how to make hand make things. So we arrange the Art's of hand made things program.



# Takshshila Mahavidyalaya,Amravati Department of Home-Economics B.A-III(2022-2023) Visit to Immunization Camp

Name of the Visit:- Immunization camp Date:-28/09/2022

Goal :- 1)To give knowledge about Immunization.

2)How to benefit of Immunization in our healthy life.

Immunization is the process by which an individual's immune system becomes fortified against an infectious agent .



# Takshshila Mahavidyalaya,Amravati Department of Home-Economics B.A-II (2022-2023) Blood Check up Camp Name of the Programm:- Blood Check up Camp

Date:-30/09/2022

Place:-Takshashila Mahavidyalaya Amravati

Goal:- 1)Creating awareness about blood check up.

2)To inform advantage of blood check up.

We arrange Blood check up camp for creating awareness in student. Free drugs were dispensed. Mostly student joined the Camp and check theirs

blood.





Department of Home Economics

Nutrition Week





# **Nutrition of Women and Adolescent Girls**





# **Department of Home Economics**

#### 2023-2024

Name of Program :- Breast Feeding Week

Date:-07/08/2023

Place: - Frezarpura anganwadi Amravati

Goal:- 1)To generate public awareness and support for Breast Feeding in Women.

2) To promote the importance and benefits of Breast Feeding.

**World Breast Feeding** 

week is a global healthcare event celebrated annually in the first week of August. During the entire week various international and local Organizations join hands in promoting the importance of Breast Feeding benefits to newborns and Mothers.



# Takshashila Mahavidyalay, Amravati Department of Home Economics

Kamal Sneh Vardhan Sohala and Makarsankrant

Name of Program:- To Celebrated Kamal Sneh Vardhan Sohala and Makarsankrant

Date:-15/01/2024

Guide:-Dr.Kalpana Mehare

Makarsankranti is a Hindu Festival .That is Celebrated on 14<sup>th</sup> January each year. It marks the end of winter and the start of a new harvest season. The Festival is dedicated to the Sun Lord and is considered an auspicious day. Because of its astrological significance.



# Takshashila Mahavidyalay, Amravati Department of Home Economics

# **Mata Ramai Birth Anniversary**

Name of Program:- To Celebrated Mata Ramai Birth Anniversary

Date:-07/02/2024

Guide:-Prof.Bhagyashri Kambale

Ramabai Ambedkar was the wife Dr.Babasaheb Ambedkar.She was supportive of her husbands ambitions and encouraged him to go abroad for higher studies.



# **Department of Home Economics**

2023-2024

Name of Program :- Beauty Parlour Course

Date:-06/03/2024 to15/04/2024

Place:-Takshashila Mahavidyalaya Amravati

Goal:- 1)Career Opportunities for Students.

2) To Self employment.

A beautician course is a program that teaches individuals the skills and knowledge needed to provide beauty treatments and services to clients and become professional make-up artists. Students enroll in a beautician course, they get a professional Certificate. They open Beauty Parlour and start theirs income by self employment.



